



# Check In



My name is \_\_\_\_\_

Today I feel \_\_\_\_\_

Last night I \_\_\_\_\_

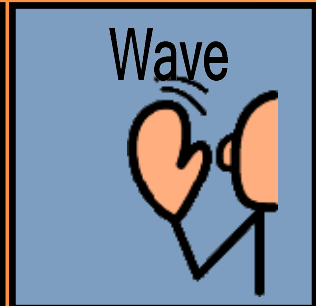
Today I'm looking forward to \_\_\_\_\_

I hope I \_\_\_\_\_

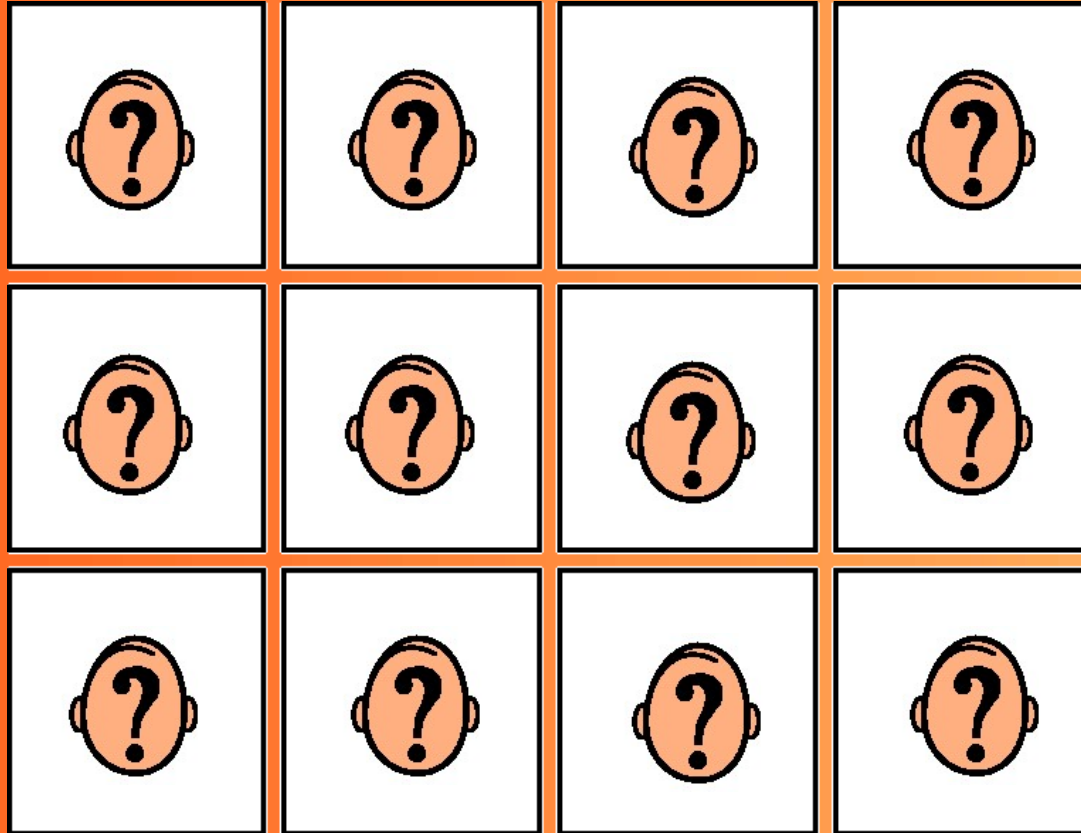
I'd like to speak in private



Hello



My name is \_\_\_\_





# Today I feel

anxious

A cartoon face with a wide-eyed, worried expression and a grimace, set against a purple background.

excited

A cartoon face with a wide smile and radiating lines, set against a cyan background.

calm

A cartoon figure of a person sitting cross-legged in a meditative pose, set against a light green background.

distracted

A cartoon face looking away with a hand on their forehead, set against a brown background.

silly

A cartoon face with a silly, tongue-out expression, set against a pink background.

happy

A cartoon face with a simple smile, set against a yellow background.

scared

A cartoon face with wide eyes and a worried expression, set against a purple background.

tired

A cartoon face with closed eyes and a hand covering their mouth, set against a tan background.

sad

A cartoon face with a downturned mouth and a tear, set against a blue background.

sick

A cartoon figure holding their stomach, with thought bubbles above their head, set against a green background.

angry

A cartoon face with a furrowed brow and a frown, set against a red background.


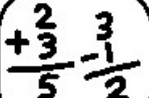












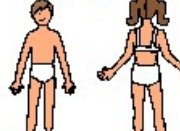









worried

A cartoon face with a wide-eyed, tense expression, set against an orange-red background.

Today I'm looking forward to —



Today I'm looking forward to...

English 	Maths 	Morning Class 	History 	Geography 	Music Therapy 
Science 	PE 	Art 	Sport 	Crunch & Sip 	Lunch 
Afternoon Tea 	Play 	PD 	Getting Do Jo points 	talking with friends 	home time 
Textiles & Design 	Food Tech 	Work Experience 	Technology 	Community Access 	

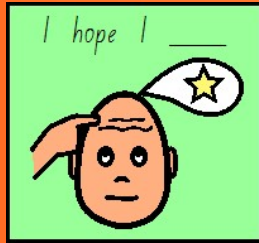
finished  
**X**



# Last night I...

<p>played outside</p>	<p>ate out</p>	<p>watched a movie</p>	<p>played sport</p>	<p>went shopping</p>	<p>played with toys</p>
<p>went to the park</p>	<p>had a party</p>	<p>did homework</p>	<p>went for a swim</p>	<p>watched TV</p>	<p>played computer</p>
<p>played iPad</p>	<p>played video games</p>	<p>played with friends</p>	<p>went to respite</p>	<p>visited family</p>	<p>went to church</p>
<p>did some art</p>	<p>cleaned the house</p>	<p>danced to music</p>	<p>went for a drive</p>	<p>cooked dinner</p>	





# I hope I...

learn new things 	am a good sportsman 	get Do Jo points 
am safe 	am a good friend 	am a good listener 
play with friends 	play a game 	get free time 
am helpful 	have a fun day 	am calm & happy 

