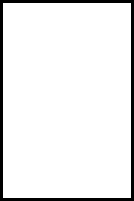
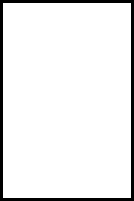
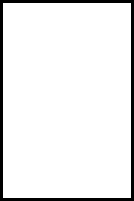
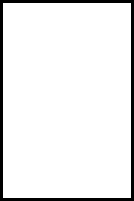
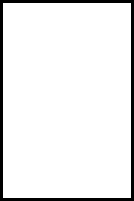
I will take 5 deep breaths

5

4

3

2

1

